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## 2017 – Shawn’s Throat Cancer Tip (:30)

### A TIP FROM A FORMER SMOKER

**SFX:** A shower.

**Shawn:** When you have a hole in your neck, don’t face the showerhead.

**SFX:** An idling lawn mower.

**Shawn:** Keep your stoma covered when you’re outside.

**Shawn:** Be very careful shaving.

**SFX:** The scraping of shaving.

**Shawn:** Get used to eating only soft foods.

**SFX:** The clink of silverware.

**Shawn:** Clean out your speech valve twice a day.

**SFX:** Cleaning sounds used on TV.

### **Announcer:**

Smoking causes throat cancer.

YOU CAN QUIT, for free help, call 1-800-QUIT-NOW.

A message from the Centers for Disease Control and Prevention.